

## Your 'one stop shop'



Whether you live, learn, work or play at Lakeside, sign up to the Lakeside Pakenham Online website to get the most out of your community. Become a member at [www.lakesidepakenhamonline.com.au](http://www.lakesidepakenhamonline.com.au)

Lakeside Pakenham Online community portal will be launched on 13<sup>th</sup> January. The portal is a website that provides you with everything you need to know about Lakeside.

"The portal has been set up, as a one stop shop for anyone that is connected to Lakeside," explains project director Sharon Coates. "We encourage anyone linked

with Lakeside to sign up as a member, to gain full access to the site and its benefits." The portal allows members to participate in online discussions and provides access to all content. Members also have access to add a listing for a local business or club. Sign up now to go in the weekly draw to win a \$200 Coles Myer vouchers.

WIN - sign up as a member to [www.lakesidepakenhamonline.com.au](http://www.lakesidepakenhamonline.com.au) to go in the weekly draw to win a \$200 Coles Myer voucher. Join now to be in all 4 weekly draws (17/01/11-13/02/11).\*

## LIVE IT UP - Lakeside summer extravaganza

The Lakeside Pakenham community will live it up this summer with the month of January packed full of many fabulous free events from High Tea at the Display Village to a Twilight Jam Session in Devonia Park. The major event 'Splendour by the Lake' is scheduled for Saturday 29<sup>th</sup> January.

The Live It Up festival will kick off on Thursday 13<sup>th</sup> January with the Project Director's Update, which provides residents with the latest news and developments over canapes and refreshments. The Twilight Cinema is back by popular demand with Toy Story 3 shown at the amphitheatre by the lake on Friday 21st.

"The twilight cinema is a community favourite. We've seen in excess of 3,000 people enjoy the event in past years," says project director Sharon Coates.

Look out for the full program in your letterbox or visit [www.lakesidepakenhamonline.com.au](http://www.lakesidepakenhamonline.com.au).



# JANUARY 2011

**Saturday 1st - New Years Day - Public Holiday**

**Tuesday 11<sup>th</sup>**

**LCDF Committee Meeting**  
Delfin Sales and Info Centre  
7pm  
Kathy: 0437 192 335

**Thursday 13<sup>th</sup>**

**LIVE IT UP - Project Director Update**

Delfin Sales and Info Centre  
6.00-7.30pm  
Discover the latest news and developments with Project Director, Sharon Coates and be introduced to Lakeside Online. Canapes and refreshments provided, bookings essential.  
Delfin: 5941 6000

**Friday 14<sup>th</sup>**

**Hawks visit Pakenham**  
Toomuc Valley Reserve - Princes Highway, Pakenham  
8.45am training, 10.15am free

clinic, 11am autograph signing. Hawthorn Football Club is returning to Toomuc Reserve for another pre-season training event. Sausage sizzle provided. Hawthorn F.C.: 9535 3000 or [community@hawthornfc.com.au](mailto:community@hawthornfc.com.au)

**LIVE IT UP - Twilight Jam Session**

Apple Tree Park (Devonia Park) - Bluestone Street, Pakenham  
6.00-7.30pm  
Show the kids some good ol' country goodness by learning how to make the best lemon, lime and apple jams. The best part is tasting them on the homemade scones! Bookings are essential.  
Delfin: 5941 6000

**Saturday 15<sup>th</sup>**

**LIVE IT UP - High Tea**  
Living Options Display Village - Loxton Way, Pakenham  
12.00-5.00pm

Enjoy an afternoon of Devonshire Tea with the Caversham Waters Display Village builders, while visiting the stunning homes on display. Plus some free ice cream\* to stay cool. \*while stocks last.  
Delfin: 5941 6000

**Family fitness fun morning + launch of the Sailing Club**  
Lakeside Park - Arbour Rise  
8.30-10.00am  
Bring your bikes, scooters, prams, pets, and enjoy a summer morning walk and fitness activities with neighbours. Free light breakfast, parents and prams lake walk, walking group competition.  
Margie at Council: 5945 4432

**Friday 21<sup>st</sup>**

**LIVE IT UP - Twilight Cinema**  
showing **Toy Story 3** [PG]  
Lakeside amphitheatre  
8pm, movie starts at nightfall.



Relax with a movie by the lake.  
Delfin: 5941 6000

**Wednesday 26<sup>th</sup> Australia Day - Public Holiday**

**Cardinia Shire Australia Day**  
Cardinia Cultural Centre  
11.00am-2.00pm  
Australia Day Awards, Citizenship Ceremony, Plant giveaway, sausage sizzle and more. Council: 1300 787 624

**Saturday 29<sup>th</sup>**

**LIVE IT UP - Splendour by the Lake, main festival day**  
Lakeside amphitheatre.  
6.00-10.00pm  
Summer fun for all - Ben 10, paddle boats, rides, Gaga Magic tribute show, giveaways.  
Delfin: 5941 6000

# FEBRUARY 2011

**Wednesday 2<sup>nd</sup>**

**Lakeside New Resident Welcome Night**

Delfin Sales and Info. Centre  
7.00-8.30pm  
All residents that are yet to attend a new resident welcome night are encouraged to attend. In 1.5 hours you will be provided with information so that you can get the most out of living at Lakeside. You will also get the chance to meet fellow neighbours, ask questions and receive a housewarming gift.  
Register: 5941 6000.

**Sunday 6<sup>th</sup>**

**Summer Music Series 2011 - Victoria Police Showband**  
Emerald Lake Park Bandstand  
12.30-3.00pm  
Cardinia Shire Council will provide 4 big days of music over February at Emerald Lake Park. The concerts are free and family friendly. Explore the wider Shire, come along and enjoy the 25 piece Police Showband.

Louisa at Council: 5945 0400 or [www.emeraldlakepark.com.au](http://www.emeraldlakepark.com.au)

**Monday 7<sup>th</sup>**

**Baby Cues Group**  
Services Central, Pakenham  
10.00am-noon  
A 6 week support group and program to assist parents to understand their baby's cues.  
Windermere: 9705 3200

**Saturday 12<sup>th</sup>**

**Pakenham Rotary Farmer's Market**

The grounds of the Cardinia Cultural Centre  
8.00am - noon

Enjoy a morning by the lake with free activities and a variety of fresh local produce for sale.  
Contact Tim: 0427 057 908.

**Sunday 13<sup>th</sup>**

**Summer Music Series 2011 - Bones and Bodhran Bush Band**

Emerald Lake Park Bandstand  
12.30-3.00pm  
Famous Australian songs,

performed with over 20 instruments, that is sure to get your foot tapping.  
Louisa at Council: 5945 0400

**Wednesday 16<sup>th</sup>**

**LCDF Social Night - Thai theme**

Delfin Sales and Info Centre  
7.00-9.00pm  
Come along and see why so many residents attend the socials. Enjoy light snacks provided by Lime Leaf restaurant. Please bring a gold coin donation. RSVP by 14/2 to Kathy 0437 192 335.

**Saturday 19<sup>th</sup>**

**Upper Beaconsfield Village Festival**

Sausage sizzle, kids activities and amusements.  
Noela: 9707 2000

**Sunday 20<sup>th</sup>**

**Summer Music Series 2011 - Cardinia Civic Concert Band**  
Emerald Lake Park Bandstand  
12.30-3.00pm

Louisa at Council: 5945 0400

**Sunday 27<sup>th</sup>**

**Cornerstone Baby and Kids Market**

Living Learning Pakenham - Henry Street, Pakenham  
9.00am-7.00pm  
Aimed at parents of children from birth to 5 years of age. New and pre-loved goods available. More stallholders welcome. Gold coin donation for entry. First 50 families will receive a showbag.  
Leah: 5940 3919

**Bunyip Country Music Festival**

Bunyip Recreation Reserve.  
10.00am-3.00pm  
Adults \$25pp  
Joy: 5629 5388

**Summer Music Festival 2011 - Rainy Day Mushroom Pillow**

Emerald Lake Park Bandstand  
12.30-3.00pm  
Excellent 60's covers.  
[www.emeraldlakepark.com.au](http://www.emeraldlakepark.com.au)

## WORK SITE SAFETY

Where you see a construction site at Lakeside, for your safety do not enter the site under any circumstances.

At Lakeside there are a number of construction sites in Village Lakeside, the future town centre Lakeside Square, as well as the train station and residential areas. There are many hazards including uneven surfaces, mud, other debris, drivers operating large machinery, as well as many hazards not visible to the untrained eye. For your safety and the safety of workers, please stay clear of these areas. Parents are asked to advise their children, particularly over the school holiday period.

# Free home inspections

Every year, around 300 Victorians die and around 20,000 are admitted to hospital due to unintentional injuries in the home.

People aged over 60 accounted for over 50 per cent of these deaths and over 60 per cent of hospital admissions. A large proportion of these were the result of unsafe living conditions. The majority of which are a result of slips, trips and cracks in the home. That is why the government committed to helping older Victorians on low incomes access architectural advice and improvements through the Home Renovation Service Safe and Sound, in partnership with Archicentre.

Achicentre's report highlights in detail the issues that older people face in the home, and provides good advice on how to avoid these problems, and also how older people can avoid unscrupulous contractors.

Protect you or your family from becoming a statistic, phone Archicentre now on 1300 13 45 13 to arrange a free Safe and Sound home inspection for your home.

## IN BRIEF

The traffic lights are now active on Cardinia Road at the intersection of Henry Road, please take care with these changed traffic conditions.

Have you noticed the construction next to Viale restaurant on Olympic Way, Pakenham? A 1448sqm Dan Murphy's is under construction. It is planned to open by mid-2011.

Congratulations to the owners of 4 Cedar Lane, Pakenham for winning the LCDF's Lakeside Xmas Lights Competition. They won a \$100 voucher from the Bunnings Pakenham store.

Did you know that since 2009 you must wear a helmet when riding a scooter? People riding scooters must wear an approved safety helmet unless they are carrying an exemption certificate from VicRoads. The scooter also must be fitted with a working brake and bell or other warning device. For more information view the 'Road Safety Rules 2009' document on the VicRoads website.

Did you indulge in that extra serve of christmas pudding? 30 minutes of regular exercise provides many health benefits and can easily fit in the busiest persons daily routine. Join Lakeside's VicHealth walking groups at 7am or 9am on the deck near the Cardinia Cultural Centre by the lake every Wednesday morning for 2 quick laps of the lake.

Are you a parent of a child aged 2 to 3.5 years? Are you interested in participating in a free healthy lifestyle program and research project commencing in term 1 in Pakenham? To find out more information please contact Briony Hill on 9244 6538 or email [bhill@deakin.edu.au](mailto:bhill@deakin.edu.au).

Central Ward Councillor George Blenkhorn was elected Mayor of Cardinia Shire on Monday 6 December for a 12 month term.

Learn to communicate in Auslan sign language over 5 weeks from 6-8pm at Outlook Community Centre. Contact Darren to find out more on 0425 777 208 or [darren@auslan.net.au](mailto:darren@auslan.net.au).

From February 2<sup>nd</sup> a relaxing and nurturing gentle movement program for women of all abilities is being run at Outlook at 10.30am on Wednesday's. To register or find out more contact Shakti 5941 0500.



## Lakeside Pakenham secures Pacific Safe Community Accreditation

Delfin Lakeside Pakenham has bolstered its commitment to providing social, environmental and physical wellbeing to residents, workers and visitors by securing Pacific Safe Community Accreditation. Pacific Safe Community Accreditation is a region-based initiative based on the World Health Organisation (WHO) Safe Communities model.

Its members are committed to involving all community stakeholders in order to develop best practice community safety and injury prevention. By becoming a member of the network, Lakeside Pakenham can not only share the lessons it has learnt in injury prevention but also tap into a global peer group for ideas and information.

Delfin Lend Lease Project Director Sharon Coates said there was a natural fit between the vision behind Pacific Safe Community Accreditation and the Lend Lease Group's commitment to developing communities that promote social, environmental, and physical wellbeing.

"At Lakeside Pakenham, Delfin Lend Lease have implemented, and also support, a range of programs that make a difference to the lives of our residents by reducing their risk of injury through how we create communities," she said.

"Lakeside Pakenham already conducts a range of safety initiatives focused on residents, businesses and community groups, including programs around crime prevention, road safety, workplace health and safety.

"These programs include Lakeside Social Nights and, Cardinia Shire Council Road Safety Expo.

"Accreditation formalises our commitment to creating the safest possible communities for those who live, work or visit our communities.

"Importantly, while Delfin has facilitated this accreditation, it will be owned by members of the community, in an effort to bolster injury prevention."

To become a member of the network, a written application addressing strict criteria was submitted, they received site visits from the Certifying Centre, and was subject to an international peer-review.

## GARDENS COME TO LIFE WITH RAIN AND SUNSHINE

Summer is upon us and it great to see many of the beautiful gardens throughout Lakeside.

Congratulations to those of you who have toughed it out through the past few years of drought and are now seeing the fruits of your labour.

For those of you who have been waiting for the rain, now is you can get stuck into your gardens. Delfin Lend Lease always encourage drought tolerant and native gardens even when we are getting large amounts of rain. It allows your garden to remain lower maintenance and gives you garden the best opportunity to thrive.

At new resident welcome nights, residents receive a Greenpass Card that provides access to Plantmark Nursery's wholesale markets. The Lynbrook branch is the closest to Lakeside and is enormous with everything you need for your garden. The staff at Plantmark are happy to give advice on design and plant species. Free consultations are available during the week on appointment.

A reminder to all residents to be respectful of your neighbours and not only bring your rubbish bins in on the day they are picked up but to store your bins out of view of the public. This small action helps to keep Lakeside looking tidy.

To get your Greenpass Card visit the Delfin Sales and Information Centre.

Contact Plantmark Nursery  
[www.greenpasscard.com.au](http://www.greenpasscard.com.au) | 10  
Northey Road Lynbrook | 8787 4111.



# The Community News is getting a new look

The new custodian for the Lakeside Community News will be the Lakeside Pakenham Community Bank.

Delfin Lend Lease launched the first edition of the Lakeside Community News in March 2007 which was well received by the community and is now in its 30<sup>th</sup> edition. The publication is estimated to reach 7,000 people every two months.

The Lakeside Pakenham Community Bank (LPCB) were planning on creating their own newsletter for the local community in 2011. In discussions with Delfin Lakeside Pakenham it was agreed that the Lakeside Community News could serve both purposes.

"Its so important that Delfin continues to provide the community with updates and we will do this," explains project director Sharon Coates.

The LPCB have sourced quality local service providers and residents to compile the News. Highly awarded, Kerry Holland from Imprint Marketing and Design will source articles and give the news a fresh new look. Clinton Plowman will also assist with the photography.

"We see that it's a wonderful result that the publication is taking a more professional leap."

Please contact Imprint Marketing and Design to join the call for articles and call for business offers [databases info@imprint.com.au](mailto:info@imprint.com.au) or 5941 2086.

## ACTIVE TIP: FIND A FIVE MINUTE GREEN FIX EVERY DAY!



Latest research from the University of Essex has found that 5 minutes of daily green exercise "exercise in nature" can improve our self-esteem and mood. Why not park the car 5 minutes further from where you want to go or take a walk outside the office for 5 minutes at lunch time.

You can get 30 minutes exercise by joining the Heart Foundation Lakeside Walking group. The group meets on the deck by the lake, near the Cultural Centre on Wednesday's at 7am and 9am for 2 laps of the lake. This is a 3km walk. Contact Margie from Council to find out more 5945 4432.

## Breakfasts and launch of the sailing club

The Cardinia Shire Council, Lakeside Community Development Forum and Rotary joined forces to cross promote their activities on the 11<sup>th</sup> December.

A number of residents enjoyed a summer breakfast and a visit from CFA Santa at Lakeside Park, before doing a lap of the lake and checking out the guest chef cook up delicious asparagus at the Pakenham Rotary Farmer's Market.

"The chef showed us so many new ways to enjoy asparagus and we even got to take a bunch home to trial ourselves," said Kathy Burgstahler chair of the LCDF.

"Lakeside was alive with real community spirit."

Council will provide another Family Fun Fitness Morning on Saturday 15<sup>th</sup> January, at Lakeside Park from 8.30-10.00am. This event will include the launch of the Lakeside Sailing Club. For more information contact Margie from Council on 5945 4432.

## Lakeside Resident's Group

Become an LCDF member and get your local discount card, as well as being kept informed with the latest news. LCDF membership is \$10 per household, renewable annually in January.



LCDF membership forms are available at the "Cardinia Lakeside Community" facebook page or on the noticeboard at the Delfin office.

**Committee Meeting**  
Tuesday 11<sup>th</sup> January

**Resident's Social Night**  
Wednesday 16<sup>th</sup> February



## Meet Andrew Mayberry



Meet Lakeside resident and homebased business owner/operator Andrew Mayberry who has lived at Lakeside since 2006.

Andrew and his wife Gabrielle wanted to find a place to raise their planned family with a bit of a country feel with the convenience of everything you need at hand.

"We both fell in love with the community spirit and saw Lakeside as a place we'd like to raise our family," explains Andrew.

"We were hooked."

Andrew and Gabrielle have since made their family with a 2 year old daughter Lily and 1 year old son Wil. They feel asthough they are reaping the rewards of their choice to live and work within the community.

Andrew's business specialises in creative metal and light engineering. "We strive to deliver imaginative and cost effective solutions in anything from benchtops, balustrades, architectural features to furniture."

Present the coupon on the back page to receive a 10% discount. Andrew Mayberry Fabrications [www.mayberryfabrications.com.au](http://www.mayberryfabrications.com.au) 0424 884 162 or 5941 9194.

# AUSTRALIAN OPEN SPIRIT AT THE PAK. REGIONAL TENNIS CENTRE

Get in to the Australian Open Spirit this summer by heading down to the Pakenham Regional Tennis Centre (PRTC) to experience the action first hand:

- Sunday 16<sup>th</sup> January - PRTC Come 'N' Try Day, 11am-3pm, free activities, prizes, sausage sizzle, show bags and much more.
- 10-13<sup>th</sup> January - PRTC Open and Junior Graded Tournament, register by 5-1-11.
- 20<sup>th</sup> & 21<sup>st</sup> January - Australian Open Junior Qualifying, come and witness world class junior boys and girls tennis at PRTC.

To register phone Paul 0413 594 633 or 5940 8510.



## FAIR DINKUM DAY

Australia Day celebrations in Pakenham will showcase the spirit and traditions of our great nation. Olive Elston, Chair the Cardinia Shire Australia Day Advisory Committee said residents won't have to go far to wave the flag, sing the anthem or enjoy a snag.

"I encourage everyone to come along and celebrate Australia Day," Mrs Elston said.

A community barbecue will be on offer at the Cardinia Cultural Centre following the Australia Day awards, citizenship ceremony and speech by Australia Day Ambassador. Families can also enjoy a host of activities including an animal farm, free barbecue and native plant giveaways by Landcare.

## Bank with the Bendigo

Lakeside Pakenham Community Bank has now been up and running for 4 months. The branched opened on the, 4th of August, due to the commitment and support of local people and businesses from Pakenham and the surrounding area they were able to provide \$8,500 in grants at the launch. The team are very excited and privileged to be part of a community bank.

"We're so pleased to work for a bank that was established for the people, by the people," explains branch manager Jen Polites.

"I know that might sound a bit corny but it's true."

Lakeside is rapidly growing and the bank are here to not only provide personal and business banking needs, but to be a major



contributor to the community. Bank staff and board members volunteered for the Pakenham Carols by Candlelight to be active participants in the community. The branch has plenty of parking, an ATM and great opening hours including Saturday mornings. Visit Jen and the team at Lakeside Pakenham Community Bank - Shop 19, Village Lakeside or 5940 8794.

## HAWKS RETURN TO PAKENHAM



Hawthorn Football Club is returning to Toomuc Reserve for another pre-season training event. An opportunity too good to miss, local fans will be able to mix it with Clarko, Buddy, Hodgey, and the team at a free barbecue on Friday 14 January at Toomuc Recreation Reserve, Princes Highway, Pakenham.

The players will also coach a free children's football clinic. Hawka, the club mascot will also fly by and players will be available to sign autographs after the clinic. Cardinia Shire Mayor Cr George Blenkhorn said the club's pre-season training session was a welcome addition to the community's summer calendar of events.

"AFL is popular in Cardinia Shire and Hawthorn has made a pre-season training visit to Pakenham for some years now," said Cr Blenkhorn.

"We hope the Cardinia Shire community will come to Toomuc Reserve on the day and meet the players.

"The footy clinic is a great opportunity for budding players to learn from the skills and football experience of the players.

"I'm sure autographs will be keenly sought too," said Cr Blenkhorn.

For more information contact the club on 9535 3000 or email [community@hawthornfc.com.au](mailto:community@hawthornfc.com.au).



All residents that are yet to attend a welcome session are encouraged to register.

In the 1.5 hour session you will be provided with information so that you can get the most out of living at Lakeside. You will also get the chance to meet fellow neighbours, ask questions and receive a housewarming gift. The next session is Wednesday 2<sup>nd</sup> February from 7pm. To register phone 5941 6000.

**AsOne in Harmony & Health**

Why not try a Detox Foot Spa to feel fantastic in 45 mins normally \$50.00 each receive 3 for \$100.00\*  
Natalie: 0407 308 606

**Woof 'N' Wash**

Professional Salon Pet Styling  
10% off for first time customers on presentation of this coupon.  
Tahlia: 0421 427 947

**Zumba @ Lakeside**

Ditch the workout, join the party.  
10% off ten week pass  
Madi: 0422 706 165 or  
Andrea: 0419 139 928

**Organic Spray Tan**

Full body spray tans \$25.  
Upgrade to our new tan shower in an hour for no extra cost.\*  
Narelle: 0417 010 672

**Messy Paws**

January 2011 - Kids with Mutts Program Pakenham, just \$25 per course (discounts available)\*  
messypawz.com  
Sue: 0421 582 067

**Mark Teague Photography**

Book your wedding & receive a FREE "trash your dress" photo shoot. \$595 value. OR Family Portrait session \$250, on disc. Mark:0432 304 003

**TRUbeauty @ Lakeside**

\$5 off any treatment, including tanning, waxing, hot stone massage, earcandling and sinus massage.  
tracey5@tpg.com.au  
Tracey:0400 199 386

**Plantmark Wholesale Nursery**

Bring along your plantmark card to enjoy the fabulous wholesale prices for your garden.  
Plantmark: 1300 581 770

**Shane Hughes Plumbing**

Lakeside residents receive 10% off.  
Shane: 0488 471 585

**ON THE MOVE PERSONAL TRAINING**

Buy 5 personal training or 5 group fitness sessions and receive 1 FREE.  
Find us on facebook.  
Stacey: 0423 761 996

**Lime Leaf - Modern Thai**

Shop 14, 18-36 Lakeside Boulevard, Pakenham.  
Open 7 nights.  
Visit us for weeknight, early bird and lunch specials.  
Lime Leaf: 5941 7826

**Step into Life**

Leaders in Group Outdoor Personal Training.  
1 week FREE guest pass - 3 FREE sessions. Have fun, Get Fit, Enjoy Life.  
Jason: 5941 7396

**Battery Zone**

Shop 3, 206 Princes Hwy.  
Open 7 days. Maintenance charger (AC 150) normal price \$75, now \$50. AA/ AAA 16 pk Ultra Alkaline @ \$9 each or 3 pks for \$25.  
Battery Zone: 5940 1364

**Sandra's Cleaning Solutions**

Inside of windows cleaned for FREE with full vacate clean.  
Sandra: 0434 825 543

**Mayberry Fabrications**

Decorative, Domestic, Commercial & Structural Steel Fabrication. For help with your steel, stainless steel & aluminium needs. 10% discount with this coupon.  
Andrew: 0424 884 162

**LCDF**

Join the LCDF now for just \$10 per household, annual renewal in January 2012.  
Forms at Delfin office or 'Cardinia Lakeside Community' facebook page.

**OFFERS FOR LAKESIDE RESIDENTS. VALID 01/01/11 - 28/02/11**



For more information please contact us at the Sales and information Centre, Lakeside Boulevard Pakenham VIC 3810.

**HOW TO CONTRIBUTE TO THE NEWSLETTER**

Everyone is welcome to submit articles to this bi-monthly publication. The Lakeside Pakenham Community Bank will produce this publication from March 2011. Please send contributions to info@imprint.com.au by Sunday 13<sup>th</sup> February. Information is correct at the time of printing.