

Strangers are only friends we haven't met yet!

The Lakeside Community Development Forum invites you attend the **Girls Night Out** at the Lakeside Sales and Information Centre on Friday 13 July 2007.

Friday
13 July
7:30pm
Lakeside Sales and
Information Centre



It is much nicer to live in a community where we know each other, so the idea is quite simple; get the girls together to celebrate living at Lakeside, celebrate being women, and to get to know some new people. This will be a fun and informal evening with drinks, food and prizes!

Besides your new best friend could be there too! All girls, all ages are welcome and the more the merrier! Cost is FREE for LCDF Members and just \$5 for all others.

All attendees must obtain a ticket, including LCDF members. Tickets are available from the Lakeside Sales and Information Centre. Phone 5941 6000



For more information contact Di Padgett on 5941 9029 or Clair Tomlinson on 0423 741 895.

HEALTHY MIND. HEALTHY BODY. HEALTHY SOUL.

Everyone knows that being healthy is just as much about calming your mind and nourishing your soul as it is about keeping your body fit. Whoever you are, whatever your abilities, there's a wonderful array of activities in and around Lakeside Pakenham to get you feeling energised both inside and out. Try them all for a holistic approach to your wellbeing. The good news is that many of them are free.

1. Explore Lakeside Pakenham whilst walking, jogging or cycling around 15km of scenic hike and bike trails.



2. Try Yoga or Tai Chi by the lake-front - it's the most peaceful way to start your day.

3. Buy a kayak and set out three times a week to watch the sunrise or sunset on the lake. The view is magical; you'll be hooked in no time.

4. Take the kids to play at Lakeside Park, and watch their delight at the spectacular dragon and space net.



5. Take your friends and family for a picnic or barbecue at Waterford Rise Gardens. Don't let the cool weather deter you as there are stylish windbreaks for use at the pavilion.

6. Visit the Cardinia LiFE Aquatic and Recreation Centre and get active in one of their three swimming pools or participate in the gym and fitness class activities.

7. Take a walk through the Creekwood wetlands and educate yourself on the many species of wildlife in your own backyard.

8. Join one of the weekly walking groups for fitness and socialising.

9. Go to the Pakenham Indoor Sports Complex to play some team sport - you will find programs and competitions in Basketball, Netball, and Badminton available.

10. Use the goal posts at Creekwood Park for footy practice for you and your friends.

11. Stimulate your mind and discover the joys of our local cultural identity at the Cardinia Cultural Centre.

12. Lay up, shoot hoops and slam dunk on the basketball courts at Parkway.

13. Get back to nature when you explore Toomuc Creek which runs along the eastern border of Lakeside.

14. Walk to Village Lakeside to do your grocery shopping. You'll get a bonus workout carrying all your shopping bags home.

Probus Walkers meet at Lakeside

On Friday mornings, members of the Probus Club of Pakenham East, including Lakeside residents, meet at the Cardinia Cultural Centre for a walk around the lake to finish up at the Bella Cuccina Cafe for refreshments and a chat.

Probus is an association of retired and semi-retired people who join together to provide regular opportunities to keep minds active, expand their interests and enjoy the fellowship of new friends.

The Probus Club of Pakenham East meets on the third Wednesday of the month at the Pakenham Hall. Once a month, other than on the meeting day, members host an outing to places of interest.

The Probus Club of Pakenham East welcomes visitors and guests to experience the Club's activities. For more information on the Probus Club of Pakenham East and their activities please contact The Secretary on 5940 3101.

PCS Aerobics Team

Fourteen Pakenham Consolidated School senior students who have refined their aerobics skills during their lunch breaks have been selected on teams to compete in the Aeroskools aerobics competition.



To aid their success Delfin Lend Lease have sponsored the three teams and helped raise funds to cover competition entry, transport, costumes and footwear needed in order for the team to compete. The Aerobics Team competed in the Aerochallenge 2007 competition at Aquina College in Ringwood on Saturday 2 June 2007. The Junior trio, Paky Power won 5th place. The junior group, Paky Magic placed equal 7th and the All Stars were 15th. We look forward to seeing their results at the State Championships in August!



A SELECTION OF PICTURES TAKEN DURING THE AEROCHALLENGE 2007 ON SATURDAY 2 JUNE 2007.

YMCA COMMUNITY CLOTHING



**Are you thinking of a clean out?
YMCA - Cardinia LIFE will take it off your hands!**

All donations made will assist the YMCA to raise funds to support valuable community work. Donations made in your local area will be used to fund access to local YMCA benevolent programs for socially or economically disadvantaged people, via Foundation Y.

All donations of reasonable condition clothing can be placed into the community clothing bin situated in the foyer of the Cardinia LIFE Aquatic and Recreation centre, Olympic Way Pakenham. For more information regarding the Community Clothing Program at the YMCA please contact Mel Wursthorn on 5945 2826.

CALLING ALL LAWN BOWLERS

The Pakenham Bowling Club would like to welcome all new and old bowlers who have moved into Lakeside to join members at the club for the coming Bowling season. Check out the modern club rooms and greens, as they are the best in the area.

The Pakenham Bowling Club is allocated on the corner of Henry and Anderson Streets, Pakenham. For more information please call the Club on 5941 1521.

WELCOME ALL NEW RESIDENTS OF LAKESIDE

Have you been welcomed to Lakeside?

All new residents are encouraged to attend a New Resident Welcome Night. This is a great opportunity to meet other neighbours, provide feedback and ask questions. A new resident's information kit and housewarming gift await your collection when you attend. The next Resident Welcome Night is Wednesday, 8 August 2007. We look forward to meeting you. Please contact Teena Jarrett on 5941 6000 to register your interest.

COMMUNITY CORNER



MISSING GARDEN GNOME

A friendly garden gnome who lived with his owners at Lakeside for 3 years went missing during the week of 4 June 2007.

His family is missing him. If you have any information please call Kathy on 0414 699 689.

MISSING D



SAMMY

Sammy is a seven year-old kelpie who moved to Lakeside with her family in February 2007. She has been missing since the week of 4 June 2007. Sammy, who has tan and black markings, is a family dog. If you have any information please call Simone on 0414 699 689.

A Taste of Italy comes to Lakeside

Lakeside residents can now enjoy great Italian food with the opening of Shanikas at Viale on Tuesday 29 May. Shanikas has long been a long time favourite in the local community.

Owners Nino Catrucco and Nigel Boltwin have 20 years combined experience with Shanikas and look forward to continuing the tradition of great dining and excellent service. "We have a dynamic team dedicated to providing a terrific dining experience. We want to provide a relaxed comfortable dining atmosphere," said Nigel, who lives at Lakeside.

Shanikas at Viale seats approximately 120 and offers an extensive menu. Located on Lakeside Boulevard, Shanikas at Viale is open Tuesday to Saturday from 5 pm until late, and is open for lunch, Tuesday to Friday from 12 noon.

Bookings 5941 7577.



DOG



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eside with
007. She has
week of 21
has black
dearly loved
seen Sammy,
422 893 833.

CONGRATULATIONS TO ROBYN CLARK WHO WINS OUR \$25 COLES VOUCHER AND THE CARDINIA LIFE FAMILY SWIM PASS FOR HER SUGGESTIONS ON HOW TO GET TO KNOW YOUR NEIGHBOURS.

WHAT'S COMING UP DATES FOR YOUR DIARY

Friday 13 July

LCDF Girls Night Out

Lakeside Sales and Information Centre Starts 7pm. Bookings essential. Phone 5941 6000

Saturday 21 July

Parkway Footy Frenzy

Come and meet Hawka, the Hawthorn mascot, and enjoy a pie and drink with your neighbours. Parkway Reserve, The Parkway 12pm - 3pm.

Wednesday 8 August

Resident Welcome Night

Lakeside Sales and Information Centre, 6:30pm

Tuesday 14 August

Lakeside Business Speed Networking event

Lakeside Sales and Information Centre, 6:30pm. Free, bookings essential. Phone 5941 6000

Wednesday 15 August

Lakeside Community Development Forum Public Meeting Lakeside Sales and Information Centre, 7pm.

Wednesday 29 August

How Green is Your Home Office? Seminar Cardinia Cultural Centre, 7pm.

Speaker Enzo De Fazio will present a seminar on designing a green home office and how to retrofit existing offices to make them more environmentally friendly. Light refreshments will be provided. Free, bookings essential. Phone 5941 6000

YMCA Cardinia

July School Holiday Program

YMCA CARDINIA LIFE HOLIDAY PROGRAM FOR PRIMARY SCHOOL AGE CHILDREN

Over eight action-packed days, your children will be entertained with stimulating activities supervised by qualified YMCA staff. YMCA's School Holiday program is a great solution for parents who would like to attend programs, take a break outside of the centre or for parents who would like their children to socialise and be active during the holidays.

Dates: 2 - 6 July and 9 - 13 July

Time: 9.15am-12.15pm

Location: Meeting point is in the YMCA Stadium Cardinia Life Olympic Way, Pakenham

Cost: \$12 per day

Details: For children aged 5 to 12 years.

- Bookings and pre-payment are essential to confirm your child's place in the program.
- Enrolments will not be taken on the day.
- An enrolment form must be completed on booking.
- Children need to be signed in / out on each day.
- Bring a drink and healthy snack each day.
- Please supply a towel and change of clothes on Aquatic Adventure days.

Contact: Trina Barry, YMCA Programs Co-ordinator, on 5945 2888 or trina.barry@ymca.org.au



Cardinia LIFE

Program

PROGRAM MAKES HOLIDAYS CHILDREN FUN.

<p>MONDAY 2</p> <p>Join our 1st birthday Jumping castle Party Games, Cake, Dance /Movement Group by Upstaged Performance Studio.</p>	<p>TUESDAY 3</p> <p>Kids fitness class. Ball games and group activities. Jumping Castle.</p>
<p>WEDNESDAY 4</p> <p>Aquatic adventure. Games and fun in the pool. Mini Gymnastics</p>	<p>THURSDAY 5</p> <p>Excursion to the CFA Lakeside. Take a walk with us to visit the CFA education centre, With games and activities.</p>
<p>FRIDAY 6</p> <p>Mini Aqua guard class. Wear your bathers, jump in the pool and learn all about life guarding and water safety. Jumping Castle.</p>	<p>MONDAY 9</p> <p>Net Set Go netball clinic. Jumping castle.</p>
<p>TUESDAY 10</p> <p>Kids fitness class. Ball games and group activities. Jumping Castle.</p>	<p>WEDNESDAY 11</p> <p>Aquatic adventure. Games and fun in the pool. Mini Gymnastics</p>
<p>THURSDAY 12</p> <p>Circus skills games and activities. Jumping Castle. Face Painting (clowns)</p>	<p>FRIDAY 13</p> <p>Introduction to Goju Kai Karate. Giant obstacle course. Jumping Castle.</p>

Space2

Grow Local Business

In June 2005 Delfin opened its first support centre for small business. **Space2** is managed by Delfin and is located at Caroline Springs. The Centre is staffed daily from 9-5 by a professional service team.

At Space2 we strive to assist businesses by providing exceptional customer service. We work in partnership with training organisations, business networks and government departments to help businesses achieve their goals and grow into what they always dreamed of. It is initiatives like these that help set businesses on Delfin projects apart from the rest.

And the good news is that you don't have to be a Caroline Springs business to take advantage of the services on offer from Space2. Space2 was set up to assist the growth of businesses located on Delfin projects all over Victoria.

Here's what Space2 can do for **your** business: At Space2 we can help grow your business by providing business support through Virtual Reception and Administration Services.

WHAT IS A VIRTUAL SERVICE?

Our Virtual Reception service answers **your incoming phone calls** in your company name. Imagine all your customers and new enquiries being greeted by a professional rather than going straight to your voicemail!

Instead of paying for a **full time receptionist** you only **pay for what you use**. It may be that right now you just need help with your business phone and one or two hours of administration to get your invoices typed up and mail attended to. We also **support you and your business** by linking you with our network of other local businesses and training providers to take you

that extra step. These range from business and marketing coaches, printers, bookkeepers and tax agents, legal services, computer sales/ service, business networking groups and a wide range of business training and development. Although our business is based in Caroline Springs we can virtually develop your business at any Delfin project! So if you're looking to **grow your small business into something more**, give us a call on **8361 1222**.

Mention this article to receive our special offer for Lakeside businesses - **Ten Days Free Trial** for all new Virtual Reception clients.



If you want to grow your business or just need some help to manage it feel free to give me a call to find out more!

Linda @ Space2



HOW GREEN IS YOUR HOME OFFICE

Speaker Enzo De Fazio from S3G Consultants will present a seminar on **designing a green home office and how to retrofit existing home offices to make them more environmentally sustainable.**

The seminar will discuss the different uses of the home office, which could range from having your morning coffee or breakfast, through to using your computer to disposing of waste and recycling paper. The seminar then focuses on the home office, the environmental impacts, and how we reduce these impacts to aid your wellbeing.

When: **Wednesday 29 August 6-8pm**. Light refreshments will be provided
 Where: Cardinia Cultural Centre, Lakeside Boulevard, Pakenham
 RVSP: Friday 24 August

Bookings are essential. Phone 5941 6000 or email teena.jarrett@lendlease.com.au to secure your place as numbers are limited.

This seminar are brought to you by Delfin and is FREE to the community.

Victoria Police Update

When to ring 000

To report any crime, suspicious activity, hoon driving or if you require police attendance please call 000. This will ensure your call is promptly dealt with and the nearest available police unit dispatched to attend. For a general inquiry, information or to contact a specific police member you should ring the Pakenham Police Station on 5945 2500.

Hoon driving & illegal motor bikes

It is often difficult for police to detect these types of offenders. You can play a significant role in ensuring your community remains safe. If you know the perpetrators consider having a whisper in their ear or advise their parents. If you advise police of their identity we can have a talk to them and warn them. If you are prepared to make a statement we can take action and if there is sufficient evidence we may be able to charge the offenders.

Public Order

There is a clear link between public order issues and vandalism, thefts and assaults. Consuming alcohol and anti-social behaviour in public places regularly leads to these types of offences. It is illegal to consume alcohol and have open containers of alcohol in public places in Cardinia Shire (unless it is a licensed premise). You are urged to contact police if you see suspicious activity.

Securing your property

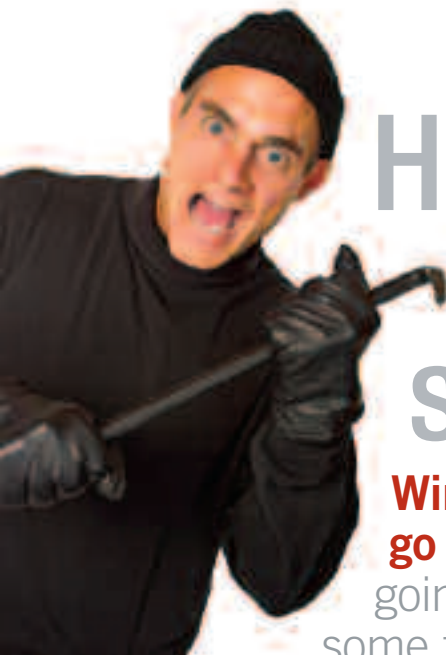
The majority of thefts come about because property isn't secured, and the majority of thefts from cars have valuables visible and often the car is unlocked. Often garden equipment, bikes etc are left unsecured in front yards or unlocked sheds. You are urged to secure your property which will ultimately reduce the opportunity to be the victim of thefts.

Be a good neighbour

Be conscientious and take care of your future neighbours by reporting any suspicious behaviour around vacant homes or building sites to the police. Damage done to building supplies or theft of trees and plants from front gardens or public spaces should be reported to the police.

Summary - Lakeside

Whilst the crime rate at Lakeside has been relatively low, there were a number of thefts from cars and property damage offences. Residents are asked to be vigilant in this area and ring 000 if they see suspicious activity.



How to keep your house safe during school holidays

Winter school holidays start on 29 June and go through until the 16 July. If your family is going away during the school holidays here are some tips to keep your house safe:

- Lock the house every time you go out.
- Don't leave packaging for expensive items in view
- Keep your home looking lived in when you're not there - open blinds, bring your bins in, use timer switches on lights and have your mail collected. You may be able to get your neighbours to assist you with this.
- Never leave a message on your answering machine saying you are not home.
- Mark your driver's licence number and the state in which you live on the back of all electronic valuables.
- Keep your car keys somewhere safe in your home as burglars will steal a vehicle if the opportunity presents.
- Thieves also target gardens, garages and garden sheds for valuable belongings.



SPECIAL OFFERS FOR LAKESIDE RESIDENTS

VALID FOR JULY AND AUGUST 2007 UNLESS OTHERWISE STATED

Seachange - A revolution in Seafood

Shop 2 Village Lakeside, Pakenham. Phone 5941 8988
Open Monday to Friday 10am to 6pm, Saturday and Sunday 10am to 4pm.
10% discount on any purchase over \$20

Al's Asian/Filipino Groceries

Shop 4 Village Lakeside, Pakenham. Phone 5941 9788
Open Monday to Friday 9am to 6pm, Saturday 9am to 5pm, and Sunday 10am to 5pm.
Present this newsletter advert. to receive 5% discount for purchases over \$20

Village Lakeside Pharmacy

Shop 9 Village Lakeside, Pakenham. Phone 5940 2900
Open Monday to Friday 9am to 7pm, and Saturday 9am to 2pm. **Spend \$25 and receive 15% off your total purchase.**
NOT REDEEMABLE ON PRESCRIPTIONS, NAPPIES, BABY FORMULA, BATTERIES OR PASSPORT PHOTOS.

Lakeside Cellars

Shop 11 Village Lakeside, Pakenham. Phone 5941 8816
Open Monday to Thursday 9am to 9pm, Friday and Saturday 9am to 10pm and Sunday 10am to 8pm.
Come in to Lakeside Cellars to get 20% off table wine, specials excluded.

Good Life Cafe

Cardinia Cultural Centre, Lakeside Boulevard, Pakenham. Phone 5945 0015
Monday to Friday 9am to 5pm, and Sunday 9am to 4pm
Devonshire Tea for 1 \$7.00

Jeffna's Beauty Radiance Boutique

11 The Glen, Pakenham. Phone 0403 063 932
Open 9am - 5pm Mon, Tues, Fri & Sat and other times by appointment **Indulge in an one-hour hydrating facial and receive an eye lash tint free. Save \$14**

Ingrid Perri Natural Therapies

25 Juliet Gardens, Pakenham. Phone 5941 3383
Open from 10am Monday to Saturday by appointment.
15% off upon presentation of this voucher (1st visit only)



For more information please contact us at the Sales and information Centre, Lakeside Boulevard Pakenham VIC 3810. PO Box 665. **Ph: 5941 6000**

HOW TO CONTRIBUTE TO THE NEWSLETTER

The **Lakeside Community Newsletter** is produced six times a year to communicate developments and items of news to the Lakeside community, and to inform residents of the variety of events and activities occurring throughout Lakeside. All residents are welcome to contribute to the Lakeside Community Newsletter. If you would like to include an article then send your content and any photos to karina.dooley@lendlease.com.au by 1 June 2007. Alternatively, call 5941 6000 to obtain further information.