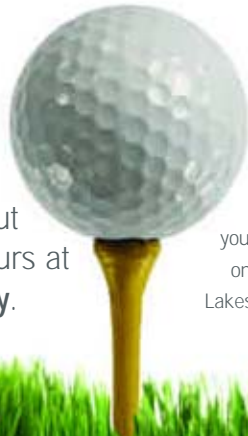




## Creekwood Golf Day

Saturday, 15 September 2007 12 noon - 3pm  
Creekwood Park, Oaklands Way, Pakenham

It is much nicer to live in a community where we know each other and can look out for each other. So come out and meet your neighbours at the **Creekwood Golf Day**.



Creekwood Park, Oaklands Way, Pakenham  
You don't have to love golf to be involved as there will be fun and activities for the whole family. Bring your family and friends and join in the FREE fun: play mini-golf, improve your swing with tips and lessons from a golf pro, get your face painted, win some great prizes, and fill up on great golfing food! For more information call the Lakeside Sales and Information Centre on 5941 6000

## RED MAIL BOX

Delfin are pleased to announce that an Australia Post red mailing box is coming to Lakeside. Keep an eye out in Village Lakeside as it will be relocated during September. Delfin would like to thank the Lakeside Community Development Forum for their tireless lobbying which has contributed to this great outcome for residents. Also you can purchase your stamps from Coles Lakeside.

## Fresh and Tasty

For many gardeners September carries the rhythm of change, and gives us the opportunity to renew ourselves and our gardens. So why not get busy and plant an edible garden so that you can sample your produce at the Christmas dinner table. An edible garden contains herbs, berries and plants that you can eat and doesn't have to be large.

### *In September plant:*

Asparagus, Artichokes, Beetroot, Bok choy, Broad beans, Broccoli, Cabbage, Carrot, Cauliflower, Chillies, Fennel, Ginger, Leeks, Lemongrass, Lettuce, Marjoram, Mint, Onions, Oregano, Parsnip, Peas, Potatoes, Radish, Sage, Snow peas, Spring onions, Sweet corn, Tarragon and Thyme,

### *In October plant:*

Basil, Beans, Brussels sprouts, Cabbage, Capsicum, Celery, Chillies, Chives, Coriander, Cucumber, Dill, Eggplant, Endive, Lettuce, Parsley, Potatoes, Pumpkin, Rhubarb, Silver beet, Spinach, Squash, Strawberry, Tomatoes, and Zucchini.

To maximise the success of newly planted seedlings give them a watering of liquid fertiliser when they are planted. Repeat the application two or three times in the next fortnight.

The whole family can then get crafty and make signs for your seeds and seedlings. Use old icy pole sticks or cut up old ice-cream containers. Write labels and name tags with waterproof pens or paint.





## PARKWAY VILLAGE footy frenzy



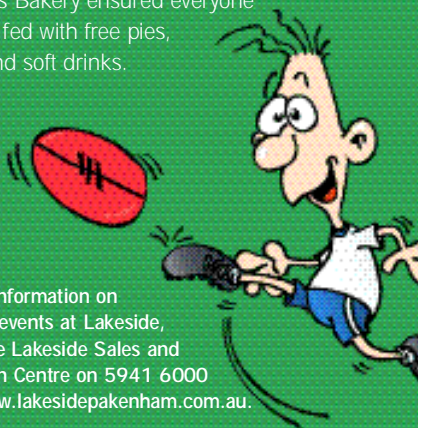
Cool weather didn't dampen the success of the Parkway Footy Frenzy event, which was well attended by 300 residents on Saturday 21

July at the Parkway Reserve at Lakeside. The event was presented by Delfin to provide community entertainment and an opportunity for residents to get to know each other better.

Family fun was provided by Hawka the Hawthorn Football Club mascot and Lindy Lou face painting, while musical act Vardos set the mood with their gypsy and traditional music. In addition, there



was a giant inflatable jumping castle and slide, were competitions for the best footy-dressed children who each won Sherrin footballs, and Brumby's Bakery ensured everyone was well fed with free pies, sauce and soft drinks.



For more information on upcoming events at Lakeside, contact the Lakeside Sales and Information Centre on 5941 6000 or visit [www.lakesidepakenham.com.au](http://www.lakesidepakenham.com.au).

# Lakeside Lutheran College Growing with the Community

The design and building of the new Early Years Centre at Lakeside Lutheran College for 2008 is an integral stage of the College's continuing growth, expansion and development.



The new buildings have a quality that makes Lakeside Lutheran College unique demonstrating the relatedness of the built environment to sound academic principles. Solid textural surfaces used on the building facades are a conceptual representation of the strong emphasis placed by the College on a thorough grounding in literacy and numeracy. The expansive and fluid nature of the design allows for multiple areas to facilitate and support the supervision needed for students. While the floor plan provides maximum flexibility and complements our technologically innovative approach, our learning program takes account of the individual differences of the children and is reiterated in the individual learner profiles that are constructed for each student. As reflected in the architecture, Lakeside Lutheran College demonstrates an openness and willingness to embrace new ideas and concepts. Our living and growing in community model of learning ensures that in every aspect of their educational experience students gain an appreciation of Christian teaching and values, as well as their community responsibilities. Students and parents of the community who pass through this college will benefit from the collaborative efforts of the Lutheran Church of Australia, the College's Principal, teachers and staff, together with many others in the wider Pakenham community. For more information on the new Early Years Centre, contact the Lakeside Lutheran College on 5941 7544.

## PCS AEROBICS TEAM

**Three Pakenham Consolidated School aerobics teams competed in the State Championships on the 3 and 4 August with fantastic results.**

With 47 teams Victorian competing in heats on 3 August, Paky Magic came 22nd, All Stars came 19th and Paky Power came 9th. As Paky Power placed in the top 15, they returned to Melbourne Girls College on 4 August for the finals.

The top 15 teams from the heats got to return to Melbourne Girls College on 4 August for the finals. Paky Power competed and placed 8th in the state and narrowly missed out on the Nationals. What a fantastic achievement for their first year.

# WHAT'S COMING UP

## DATES FOR YOUR DIARY

**Sunday, 2 September**

**Father's Day ... don't forget Dad!!**

**Wednesday 12 September**

**Resident Welcome Night**

Lakeside Sales and Information Centre, 6.30pm

**Saturday 15 September**

**Creekwood Golf Day**

Creekwood Park, Oaklands Way, 12 noon - 3pm

All residents of Creekwood Village and their friends and family are invited to join in the FREE fun. Come and play mini-golf, improve your swing with tips and lessons from a golf pro, get your face painted, win some great prizes, and fill up on great golfing food! For more information call the Lakeside Sales and Information Centre on 5941 6000

**Sunday 30 September**

**Humphrey B Bear comes to Cardinia**

Cardinia Cultural Centre, Lakeside Boulevard, Pakenham at 11am  
Bring the kids along to share in the world of Humphrey B Bear. Adult \$8, Child \$6. For more information phone 1300 887 624

**Saturday 6 October**

**The Casio Brothers**

Cardinia Cultural Centre, Lakeside Boulevard, Pakenham at 11am  
Come along and see the Swedish superheroes of kid-hop. Australian Idol crowned them "Unforgettable" in 2004, "Superstars" in 2005 and in 2006 the Sunday Mail ranked them #2 as a 'Must-See' in kids' entertainment.

Adult \$8, Child \$6. For more information phone 1300 887 624

**Saturday 6 October**

**Trevor Marmalade and Adam Rozenbachs**

Cardinia Cultural Centre, Lakeside Boulevard, Pakenham at 8pm. For more information phone 1300 887 624.

**1-14 October 2007**

**Cardinia Senior's Festival**

For more information on local activities, contact the Cardinia Shire Council on 1300 787 624.

**Wednesday 10 October**

**Senior's Walk**

Don't miss the opportunity to get fit while you socialise with other seniors. The YMCA is hosting a walk to celebrate Victorian Senior's Week. For more information contact the YMCA at Cardinia Life on 5945 2888.

**20 - 28 October 2007**

**Children's Week**

Children's Week is an annual worldwide event that celebrates the right of children to enjoy childhood and to recognize their rights, skills and abilities. For more information on local activities call 1300 731 947.

**Sunday 21 October**

**Teddy Bears Picnic**

Celebrate Children's Week from 12pm with a picnic for both small and big kids at the Lakeside Amphitheatre. This event is brought to you by the Lakeside Community Development Forum.

For more information contact Di on 5941 9029.

**Wednesday 24 October**

**Children's Week Parents Expo**

Cardinia Cultural Centre, Lakeside Boulevard, Pakenham from 7pm to 9pm.  
Presented by Cardinia Shire Council. For more information contact the Cardinia Shire Council on 1300 787 624.

**Thursday 25 October**

**Cardinia Celebrates Children**

Cardinia Cultural Centre, Lakeside Boulevard, Pakenham from 2pm to 7pm.  
Come along and join in the fun to celebrate children's week. Take part in one of many fun activities as your children learn the importance of play. For more information contact the Cardinia Shire Council on 1300 787 624.

**Wednesday 31 October**

**Resident Welcome Night**

Lakeside Sales and Information Centre, 6.30pm



## mums & bubs

Mums & Bubs is a postnatal fitness and wellbeing program run by the YMCA for mums and babies aged 6 weeks to 10 months, conducted in an environment in which families can be active together. This is a supportive and flexible class where babies are welcomed into the fun. You can bring your pram or stroller and they will be incorporated into the class and you can feel free to feed or change baby as required.

Regain pre-baby fitness without having to worry about childcare whilst you develop new friendships.

Classes held at 10.45am every Thursday at the Cardinia Life Aquatic and Recreation Centre, Olympic Way, Pakenham. There is no need to book.

**For more information please phone 5945 2888.**



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## Reach your goals for fitness



**Personal training is for every experienced exerciser!** Personal training is a program where you have your own personal trainer for your entire workout. Trainers will provide you with the knowledge you need to reach your goals. Importantly, your workouts are managed by a professional, increasing fitness. Personal training will help you reach your goals. To get started on your road to fitness, contact Michael Casey or any other personal trainer at Cardinia Life on 5945 2888.

ROYAL CHILDREN'S HOSPITAL

# Children's Safety Handbook

Your handbook, a gift from Delfin, should have now been delivered to your mailbox.

In all aspects of its operations Delfin places a high priority on public safety, in overall project master-planning, civil construction and residential development. Through a new partnership recently established with the Royal Children's Hospital, Delfin is delighted to be able to provide to you with a complimentary copy of the 4th edition of the highly valued and extremely informative RCH Children's Safety Handbook. Sponsorship of this handbook is just one of a number of partnership initiatives that Delfin is currently pursuing with a number of key agencies involved in community safety across Victoria, including Life Saving Victoria, Bicycle Victoria and the Victorian Safe Communities Network.

I trust you will find this RCH Children's Safety Handbook a useful reference resource.

For more information please don't hesitate to contact the Lakeside Sales and Information Centre on 5941 6000.



## Lakeside Community Development Forum

The Lakeside Community Development Forum is a group who are passionate about developing the community spirit within Lakeside.

The Lakeside Community Development Forum AGM was held on 15 August 2007 at the Lakeside Sales and Information Centre with over 40 people attending.

Officer bearer appointments are:

President: Graeme Squires  
Vice-President: Vacant  
Treasurer: Odile Fox  
Secretary: Jack Mitchell  
General: Di Padgett,  
Nicole Duncan

If you are interested in becoming involved with the LCDF and wish to find out more, you can:

- Phone Jack Mitchell on 5940 1513, or
- Come along to the Teddy Bear's Picnic at 12pm on 21 October at the Lakeside Amphitheatre, or
- Attend the next public meeting at 7pm on Wednesday 21 November.

## OPENING OF PUBLIC ART

Following the success of both Toolim and Segmented Landscape, the third piece of the Lakeside Public Art Program, OCEANIC ENDLESS by artists Sonia Leber and David Chesworth of Wax Sound Media in collaboration with Simeon Nelson, will be launched at the Cardinia Life, 930 Olympic Way, Pakenham at 1:30pm on Thursday, 20 September 2007. Cr Kate Lempriere, Mayor Cardinia Shire and Chairperson of the Lakeside Public Art Program Workgroup and Tod O'Dwyer, Regional General Manager Victoria, Delfin Lend Lease will officially launch OCEANIC ENDLESS. There will be an opportunity to view the work and the artists will also be in attendance.

OCEANIC ENDLESS is an original artwork, designed specifically for the Cardinia community and for the entrance to Cardinia Life. The artwork is a unique combination of visual art and soundscape that enhances the architectural acoustics of the wave-like roof structure. Visitors to Cardinia Life will encounter a stimulating sound experience, with each new wave of sound playing across the ceiling in a different, changeable way. The artwork also incorporates a striking visual element on the underside of the ceiling, featuring the radial tendrils of a tree, reaching out across the ceiling. The Lakeside Public Art Program is a joint initiative of Delfin Lend Lease and Cardinia Shire Council to deliver a series of three public art projects in the Lakeside area. The public art pieces aim to promote a strong sense of community and cultural belonging, including a sense of community ownership and pride in public spaces. Come along to the launch of OCEANIC ENDLESS at 1:30pm on 20 September 2007 at Cardinia Life. For more information contact the Lakeside Sales and Information Centre on 5941 6000.

## Join your fitness for Spring

everyone, no matter if you are a beginner or an experienced walker. Personal training is a results-based and time efficient way to get your own fitness professional by your side for an hour. We will provide you with ongoing support, motivation and guidance to reach your health and fitness goals. And most of all, it's fun! So, whether your goal is weight loss, improved fitness, gaining muscle or toning up, we can help you get quicker results! Contact us today to reach your health and fitness goals. Call us on 5941 6000 or any of the friendly staff at the Lakeside Sales and Information Centre on 5941 6000.



## LAKESIDE WALKING GROUP

Anyone wishing to walk during the week is encouraged to join our social group of walkers who meet on Tuesday mornings at 10am on the lake, outside the Lakeside Pakenham Sales and Information Centre. Following a leisurely walk around the lake, you are welcome to join us for coffee and a chat at Chocobean Cafe.

For further information call Kate Whiston on 5941 6421.



# Community SAFETY MONTH

**Community Safety Month** is held during October across Victoria and is supported locally by a variety of activities. Community Safety Month is an opportunity for all Victorians to get involved in activities that help reduce crime, violence, injuries and emergencies. For more information visit [www.communitysafetymonth.com.au](http://www.communitysafetymonth.com.au).

# Lakeside Neighbourhood Watch



The Lakeside Neighbourhood Watch meet on a monthly basis to discuss ways to ensure our Lakeside community continues to be a safe and caring place. Why not come along and meet other residents to expand your circle of friends and get involved in your community.

The Lakeside Neighbourhood Watch meets at 7.30pm on the first Wednesday of each month at the Lakeside Lutheran College. For more information contact the Lakeside Co-ordinator Beryl Rohlf on 0438 094 928.

# PAKENHAM EMERGENCY EXPO

One of the local events being held as part of Community Safety Month is the Pakenham Emergency Expo.

Join in the fun from 10am on Saturday, 20 October on the corner of John and Henry Streets, Pakenham. There will be lots of fun including fire trucks, kid's giveaways, police helicopter, car rescue demonstrations and interactive activities. For more information on the Emergency Expo, contact the Pakenham CFA on 5945 4700.

# BICYCLE SAFETY

The sun is starting to shine and flowers are beginning to blossom. Spring is a great time to get out and about on your bicycle.

Three quarters of all personal journeys are less than 10 kilometres long - that's only half an hour on a bike. Switching these short journeys from car to bicycle will benefit your health and your community. You'll be helping to reduce noise and air pollution as well as traffic congestion. Riding a bike can also help you maintain a healthy weight and live a long and healthy life.

If you haven't ridden your bike for a while, you will need to do a safety check on the following:

#### Tyres:

Check that the tread is good and that there are no punctures

#### Tyre pressure:

Use your bike pump to make sure that the tyres are sufficiently inflated.

#### Helmet:

You must always wear your helmet when riding your bike. Check to see that the straps are properly adjusted and the helmet fits comfortably

#### Brakes:

Check both the front and rear brakes to see if they're working properly.



# Lighting

If you have noticed areas not properly illuminated at night, then report faulty or damaged light poles to SP Ausnet via TRU Energy on 13 34 66

(then dial 3, 2, 3810#, then 2 for faulty street lighting).

Remember to provide details of the location, including the street name and house number that the light pole is in front of, and type of damage.



# HELP, WHO DO I CALL?

**When to ring 000** To report any crime, suspicious activity, hoon driving or if you require police attendance please call 000. This will ensure your call is promptly dealt with and the nearest available police unit dispatched to attend.

**When to ring 5945 2500** For a general inquiry, information or to contact a specific police member you should ring the Pakenham Police Station on 5945 2500. Or you can visit them 24 hours a day at 780 Princes Highway, Pakenham.



# WELCOME ALL NEW RESIDENTS OF LAKESIDE

## Have you been welcomed to Lakeside?

All new residents are encouraged to attend a New Resident Welcome Night. This is a great opportunity to meet other neighbours, provide feedback and ask questions. A new resident's information kit and housewarming gift await your collection when you attend a Welcome Night. The next Resident Welcome Night is Wednesday, 12 September 2007. We look forward to meeting you. Please contact Teena Jarrett on 5941 6000 to register your interest

# SPECIAL OFFERS FOR LAKESIDE RESIDENTS

VALID FOR MAY AND JUNE 2007 UNLESS OTHERWISE STATED  
VALID FOR SEPTEMBER AND OCTOBER 2007 UNLESS OTHERWISE STATED

### Al's Asian/Filipino Groceries

Shop 4 Village Lakeside, Pakenham. Phone 5941 9788. Open Monday to Friday 9am to 6pm, Saturday 9am to 5pm, and Sunday 10am to 5pm. Present this advertisement to receive 5% discount for purchases over \$20

### Village Lakeside Pharmacy

Shop 9 Village Lakeside, Pakenham. Phone 5940 2900. Open Monday to Friday 9am to 7pm, and Saturday 9am to 2pm. **Spend \$25 and receive 15% off your total purchase.**

*Not redeemable on prescriptions, nappies, baby formula, batteries or passport photos.*

### Seachange - A revolution in Seafood

Shop 2 Village Lakeside, Pakenham. Phone 5941 8988. Open Monday to Friday 10am to 6pm, Saturday and Sunday 10am to 4pm.

**5% discount on purchases over \$20, on presentation of this voucher.**

### Brumby's Bread

Shop 6 Village Lakeside, Pakenham. Phone 5941 8360. Open Monday to Friday 6:30am to 7pm, Saturday 6:30am to 6pm, and Sunday 6:30am to 5pm.

**Get 2 sandwich loaves for just \$5 with presentation of this voucher**

### Lakeside Cellars

Shop 11 Village Lakeside, Pakenham. Phone 5941 8816. Open Monday to Thursday 9am to 9pm, Friday and Saturday 9am to 10pm and Sunday 10am to 8pm.

**Come in to Lakeside Cellars to get 20% off table wine, specials excluded.**

### The Vista Restaurant

Cardinia Cultural Centre, Lakeside Boulevard, Pakenham. Phone 5945 0015. Monday to Friday 9am to 5pm, and Sunday 9am to 4pm.

**Buy one coffee and receive a complimentary coffee of equal or less value**

### Jeffna's Beauty Radiance Boutique

11 The Glen, Pakenham. Phone 0403 063 932. Open 9am - 5pm Mon, Tues, Fri & Sat and other times by appointment. **Have a deluxe pedicure to spoil your feet and receive a half leg wax at half price. That's only \$13.50**

### Ingrid Perri Natural Therapies

25 Juliet Gardens, Pakenham. Phone 5941 3383. Open from 10am Monday to Saturday by appointment. **15% off upon presentation of this voucher (1st visit only)**

### Raj and Associates Accountants

Phone 0402 880 787. Open by appointment. **10% off on tax returns lodged before 15 October 2007.**



For more information please contact us at the Sales and Information Centre, Lakeside Boulevard, Pakenham VIC 3810. PO Box 665. Ph: 5941 6000

## HOW TO CONTRIBUTE TO THE NEWSLETTER

The **Lakeside Community Newsletter** is produced six times a year to communicate developments and items of news to the Lakeside community, and to inform residents of the variety of events and activities occurring throughout Lakeside. All residents are welcome to contribute to the Lakeside Community Newsletter. If you would like to include an article then send your content and any photos to [karina.dooley@lendlease.com.au](mailto:karina.dooley@lendlease.com.au) by 1 October 2007. Alternatively, call 5941 6000 to obtain further information.